

Basic Rules of Libero Replacements

- **Back Row Only:** The libero can only replace players in the back row. They cannot play or rotate into the front row.
- **The "Sandwich" Rule:** When the libero leaves the court, they must be replaced by the exact same player they subbed out for.
- **One Rally Gap:** Except when serving, a complete rally must happen between a libero leaving the court and entering again for another player.

How to Fill Out the Tracking Sheet

- **Setup:** Before the set starts, write down the starting lineup numbers in serving order and note the libero's jersey number (L1 or L2).
- **Libero Entry:** When the libero replaces a player, cross off that player's number and write **L** (or L1/L2) next to it.
- **Libero Exit:** When the original player returns for the libero, cross off the **L** and write that player's number.
- **Regular Substitutions:** If a regular player (not the libero) substitutes out, cross off their number and write the incoming player's new number next to it.

To track two liberos (e.g., Libero **L1 #5** and Libero **L2 #12**) in a volleyball match, write both jersey numbers at the top next to **L1:** and **L2:**. When a libero enters for a back-row player, slash the player number and write **L**. You do not need to log which specific libero is entering during routine back-row replacements. [\[1\]](#)

Setup Before the Game

- Write the starting serving positions (Roman numerals I through VI) and the starting player numbers under **SP (Starting Position)**.
- Designate your two liberos at the top of the sheet: L1: 5 and L2: 12. [\[1, 2\]](#)

Tracking Entries and Replacements

- **Libero Enters:** Slash the starting player's number and write **L**.
- **Libero Leaves:** Slash the **L** and write the returning player's number back in.
- **Regular Substitution:** Slash the player's number and write the new substitute's player number. Keep track of regular substitution numbers in the running sub-tally box. [\[1\]](#)

Rules for Two Liberos in a Match

- Only one libero may be on the court at any time.
- A libero can be replaced by the second libero or by their original starting player.

- A libero is restricted to serving in only one specific rotation position for the entire

In this example, **#5 is L1** and **#12 is L2**. They will be swapping in for your two middle blockers, **#3** (starting in Position I) and **#8** (starting in Position IV).

Lineup Pos SP Replacements

I	3 3 L L 3
II	14
III	2
IV	8 8 L L 8
V	22
VI	7